

## MONDAY



**BEEF LASAGNE (G) (MK)**

**OR**

**ROASTED VEGETABLE LASAGNE  
(V) (VG) (G)**

**WITH SWEETCORN & GARLIC BREAD  
(MAY CONTAIN MK, SS)**

## THURSDAY

**FISH FINGERS (G) (F)  
OR  
VEGE FINGERS (G) (V) (VG)**

**WITH CHIPS, PEAS AND  
KETCHUP (VG)**



## WINTER MENU (OCTOBER - APRIL)

### WEEK 1

**AVAILABLE DAILY WE HAVE:**

**TORTILLA WRAP & JACKET POTATO WITH A SELECTION OF FILLINGS**

**HAM, TUNA (F), HOUMOUS (SS), CHEESE (MK), VEGAN CHEESE (VG), EGG (E), MAYO (E) (MU)**

**A COLD SALAD BAR**

**SWEETCORN, TOMATO, CUCUMBER, CARROT**

**WATER AND MILK / A SELECTION OF DESSERTS / A FRUIT BOWL**

## WEDNESDAY



**ROAST TURKEY  
OR  
QUORN ROAST(V) (M) (E)  
OR  
VEGAN ROAST (VG) (G)**

**WITH ROAST POTATOES (G),  
BROCCOLI, YORKSHIRE  
PUDDING (MK) (G) (E)  
AND GRAVY (VG)**



## TUESDAY



**CHICKEN FAJITA (G)  
OR  
QUORN FAJITA (G) (VG)  
(MAY CONTAIN S, E, MK)**

**WITH MEXICAN RICE,  
CARROTS, CHEESE (M) AND  
GUACAMOLE (VG)**



## FRIDAY

**HOT PORK SAUSAGES (S)  
OR  
VEGGIE SAUSAGES (SOYB) (V) (VG)  
WITH  
A WHITE BAGUETTE (G)  
(MAY CONTAIN SS) (VG)  
POTATO WEDGES  
AND KETCHUP (VG)  
OR BROWN SAUCE(G) (VG)**



**WE WILL ALWAYS PROVIDE SUITABLE ALTERNATIVES FOR CHILDREN WITH ALLERGIES  
THIS MENU IS SUBJECT TO CHANGE**

**FOR MORE INFORMATION ON ALLERGENS PLEASE VISIT OUR WEBSITE**

## WINTER MENU (OCTOBER - APRIL)

### WEEK 2

AVAILABLE DAILY WE HAVE:

TORTILLA WRAP & JACKET POTATO WITH A SELECTION OF FILLINGS  
HAM, TUNA (F), HOUMOUS (SS), CHEESE (MK), VEGAN CHEESE (VG), EGG (E), MAYO (E) MU)

A COLDSALAD BAR

SWEETCORN, TOMATO, CUCUMBER, CARROT

WATER AND MILK / A SELECTION OF DESSERTS / A FRUIT BOWL

### MONDAY



MARGHERITA PIZZA (G) (V) (M)  
OR  
VEGAN PIZZA  
(V) (VG) (G)  
WITH SWEETCORN

### TUESDAY



MILD BEEF CHILLI  
OR  
VEGGIE BEAN CHILLI (VG)  
WITH RICE AND CARROTS



### THURSDAY

FISH FINGERS (G) (F)  
OR  
VEGE FINGERS (V) (VG)  
WITH CHIPS, PEAS AND  
KETCHUP (VG)



### WEDNESDAY



TOAD IN THE HOLE  
(E) (M) (G) (SOYB)  
OR  
VEGGIE TOAD IN  
THE HOLE (VG) (G) (SOYB)

WITH ROAST POTATOES (G),  
BROCCOLI  
AND GRAVY (VG)



### FRIDAY

HOT MEATBALL MARINARA  
OR  
VEGAN MEATBALL MARIANA  
(VG) (V) (SOYB)  
WITH  
A WHITE BAGUETTE (G)  
(MAY CONTAIN SS) (VG)  
AND POTATO WEDGES



WE WILL ALWAYS PROVIDE SUITABLE ALTERNATIVES FOR CHILDREN WITH ALLERGIES  
THIS MENU IS SUBJECT TO CHANGE

FOR MORE INFORMATION ON ALLERGENS PLEASE VISIT OUR WEBSITE



# WINTER MENU - ALLERGENS



G	CEREALS CONTAIN GLUTEN (WHEAT, BARLEY, RYE, OATS, KAMUT, SPELT)
MK	MILK
E	EGG
SS	SESAME SEEDS
CY	CELERY
V	VEGETARIAN
VG	VEGAN
F	FISH

N	NUTS (FREE)
P	PEANUT
L	LUPIN
MU	MUSTARD
SOYB	SOYBEAN
MOL	MOLLUSCS
CR	CRUSTACEANS
S	SULPHITES



**WE WILL ALWAYS PROVIDE SUITABLE ALTERNATIVES FOR CHILDREN WITH FOOD ALLERGIES**

**OUR HEAD COOK JOSEPHINE, IS HAPPY TO DISCUSS YOUR CHILD'S INDIVIDUAL DIETARY REQUIREMENTS AND ALLERGIES WITH YOU**

**WHERE POSSIBLE, ALL OUR MEALS ARE FRESHLY PREPARED, USING QUALITY INGREDIENTS AND LOCALLY SOURCED**